

**Relay For Life At TET Stadium**  
The Relay for Life is a fundraiser for the Cancer Society who offer their services to help those navigating their cancer journey. The Cancer Society provides free support services and information for those having treatment as well as their friends, family and whānau. The Cancer Society is reliant on the generosity of donations and fundraisers to provide their services which is why a fundraiser like the Relay for Life is so very important. But the Relay also provides an event to remember those we have lost and cherish those we still have with us. The preliminary fundraising amount announced on Saturday night was \$199,030.30 which is a magnificent effort by all. If you missed out this year never fear you can make it next year. Saturday 16 March 2022.



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**Editor's Comments**  
This time last year we were all in our own little bubbles. While we were restricted and worried about what the future held, it gave us a chance to have some quality time with loved ones. I really hope that you have had that chance again over Easter, although this time you get to spend it with extended loved ones and also friends. Value the time you have, time is precious. Once moments are gone you can not get them back, so use the time you have to make wonderful memories. Ones that you might treasure later. Make the effort to see those you love. Your time is free but it could be priceless to someone else.  
Phillipa Peters - Editor

**What's Happening at Rotary (Gloria O'Dowd)**  
With our last major event being the 26<sup>th</sup> Annual Charity Car Show we have been using our time with some smaller but still significant in house events.  
Thank you to Noel and Rose King for organising our Annual Potato Dig. We gather in our groups for a night of digging, social merriment and dinner. The overall winner this year was John Rees with 71 kgs. A total of over 23kgs of potatoes were then donated to Ingwood Foodbank for distribution.  
Annually we get in a bit of a friendly competition mode with Ingwood Lions Club at the Ingwood Small Bore Rifle Club and this was held recently. Rotary held their heads up high on the night going down this year 186 to Lions 187 and handing over the trophy. A close game and a good night was had and thank you to Loui and the team for supplying wonderful evening and supper.



Above: Ingwood Rotary Club President Warren Pophler handing over the Small Bore Rifle Trophy to President of Ingwood Lions George Buchanan with Secretary of Small Bore Rifle Club Loui Donnelly in background.

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**Pilates For Living - The Pilates and Movement Studio (Phillipa King)**  
Pilates is one of those forms of exercise that can actually change your life! This sounds like an informational but is a fact.  
Whether you want core strength training, flexibility, rehabilitation from injury or childbearing, pelvic floor issues, back care, balance training, sport specific training, or deep breathing and relaxation Pilates is the place to go. Believe that what you learn in class must be functional and translate into real life. Whatever you do.  
We have a varied timetable starting with a four week block for beginners from the start of each month, lively classes for children (term times), boxing (for fun and fitness), Rock It Board™ classes (focus on balance and strength), the super valuable Back Care Course (from weeks to better back) and a special class for Mums and Bubs (not boozcamp!). We also offer personal one-on-one training - whether for reaching a specific fitness/movement goal, or you're having a hard time with your relationship with food. Our classes are designed so you can work at your own pace. All exercises can be modified to work around any issues you may be having. And most importantly, we are here for all shapes and sizes. Don't wait to be "fit enough" to start - start where you are, progress where you want to be. Because of our location within the Wellness Hub, there is easy access to other therapies to help support your choices toward a healthier you. What are you waiting for? See you soon!

**SICK OF BACK PAIN? THE BACK CARE COURSE YOU WILL LEARN:**  
• The difference between good & bad pain signals  
• How to train your abdominal muscles  
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**PILATES FOR LIVING**

**PILATES FOR BEGINNERS**  
APRIL CLASSES  
TUESDAYS 1.30PM - 2.00PM  
WEDNESDAYS 5.30PM - 6.00PM  
START YOUR BEST WEDNESDAY!  
Pilates For Living

**In Tune with Ingwood**  
A fabulous fun afternoon of singing and socialising. To be held regularly in the Community. Age 16+ welcome. Tararaki welcomes everyone to attend this new activity to Ingwood, held on the second and fourth Thursday of each month 1:30 pm - 3:30pm. Starting Thursday 22 April at the Manuka Centre. There are numerous health benefits of singing and making music together. So join Pauline on her guitar and enjoy this great opportunity of singing those good old favourite songs in a relaxed and fun atmosphere. Pauline has worked for Age Concern Tararaki since 2016. Her role as Service Coordinator involves planning, implementing and delivering Social Connection Programmes and Activities in New Plymouth and North Taranaki. She has a background in Nursing, Pharmacy and has always worked in the health sector with experience in Health Promotion which allows her to apply those skills along with her creativity with music to reach out to our older population, enabling them to improve their status of health and prevent social isolation. Pauline is looking forward to meeting everyone and keeping in tune with Ingwood. Afternoon tea provided, gold coin donations and prizes. For more information: Pauline Jalen Moore 06 7599196/0800 243 625 or email pauline@geocentertaranaki.org.nz

**Wellness Hub Therapists**  
Taranaki Physiotherapy: (06) 756 7726  
Pilates For Living: 021 11 52 156  
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E.K. Acupuncture: 021 522 3532  
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Massage Therapy: 021 243 1718  
CranioSacral Therapy: 022 084 3236  
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**NZ Masters Track and Field Championships (Serena Coombes)**  
The NZ Masters Track and Field Championships were held 26-28 Feb at the Ingwood TET Stadium. This event is held annually at various locations around the country. It was very exciting for five local Ingwood athletes to have this National event on their doorstep this year. All five compete in Senior Athletics at the TET stadium on Tuesday evenings through the summer months.  
The youngest of the five was Vicky Jones, W40, who won Gold medals in both the 3000m and 5000m Racewalks as well as a Championship record in the 5000m.  
Raewyn Grigg, W50 earned Gold in Long Jump, Silver in Pentathlon and High Jump, Bronze in Weight Throw. She also achieved fourth place in Shotput, Hammer and Discus and fifth placing in Javelin.  
Serena Coombes, W55, achieved Gold medals in the 5000m and 3000m Racewalks and also set a Championship record in the 5000m.  
Des Phillips, M70 achieved a very successful five Gold medals, earned in Triple Jump, Long Jump, 800m hurdles, High Jump and 300m Hurdles. Silver medals in the 400m, 2000m Racewalk and Bronze medals in 200m and 800m.  
Alan Jones was the oldest of the five, competing in M75. He achieved Gold in the 3000m and Silver medals in the 800m and 1500m.



Letts: From left, Serena Coombes, Des Phillips, Raewyn Grigg, Alan Jones, Vicky Jones

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**What's on and Coming Events**  
Please advise of your event 7567030 moamail@funhot.com  
Fun Hot Toy Museum  
Ingwood Information Centre  
Ingwood Heritage Centre  
Anglican Churches of the Ingwood Districts  
Pion - Fri 10.00am - 4.00pm  
Saturdays and Public Holidays 10.00am - 2.00pm  
Ingwood Family History Group meets in the Library Mondays 9.30am - 12.00pm  
MCH Tue 27 April 10.00am in the Ingwood Library.  
New members welcome.  
Ingwood Parents Group 9<sup>th</sup> April, 10.00am  
St Andrew's Church Hall 16<sup>th</sup> welcome.  
Free home composting workshop at Waitariki School 10 April 10am-12.30pm  
Registrations essential  
www.systemintegrantaranaki.org.nz  
www.systemintegrantaranaki.org.nz  
Restore PC Naps Working Bee Sun 25 April 1.00-3.00pm  
Weeding and preparing areas 28<sup>th</sup> April. It's a real credit to the community and local Taranaki people.

**Handyman Available**  
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**Kaimata School - Board of Trustees Casual vacancy for an elected trustee**  
A casual vacancy has occurred on the board of trustees for an elected parent representative. The board has resolved under section 105, Education Act 1989 to fill the vacancy by selection. If 10% or more of eligible voters on the school roll like the board, within 28 days of this notice being published, to hold a by-election to fill the vacancy, then a by-election will be held.  
Any eligible voter who wishes to ask the board to hold a by-election should write to: Tanya Anaba, Chairperson of Trustees, c/o Kaimata School, 715 Taranaki Road, RD7, INGWOOD 4387. By: Monday 26 April 2021

**Fintax Chartered Accountant Ltd**  
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**Taranaki Aviation Transport & Technology Museum**  
(Kaitiaki) Road coporate Lane, Hanganui  
Open Saturdays/Sundays Only  
Hours 10.00 am - 4.00 pm  
57 Adult, 52 Child \$16 Family Ph 7522845

**Kaimata School Swimming Sports**  
Kaimata School held their Swimming Sports on Wednesday 10 March. Some writing from the students below:  
There were heaps of people, but it was raining the whole day and it was freezing! Manganui I went in first. They looked like they were having so much fun. Then it was time for the widefs. First it was the boys doing flutterboard, but they did freestyle and backstroke. Makara children had fun too. After that it was the lengths. The boys went first again and then it was the girls. We did freestyle first then backstroke and breaststroke. Hudson came first two times, I was in 25m freestyle, 50m breaststroke and a final. On my first and second race I was not tired. On my first race 25m freestyle I got second and in my other I got 1. I had to wait a long time for my freestyle final I had a warm shower. Then Man was taking a long time for random things. I had my final and I didn't come anywhere so I went and got dressed and had a hot chocolate.  
By Morgan S  
On Wednesday I had school swimming sports. The whole school went except Charlotte H because she was on holiday. We had morning tea before we went. After we got our bags and sat on my classroom deck. I felt scared and excited. Jack and I went with our Mum. When we got there I got changed into my togs. That day was very cold and wet so I got my clothes on over top and put my jersey on as well. It was just as well because it was a long time until I was on.  
I watched some other races. When Jack was on I walked over to the little pool to watch. Rossella and I felt the water, it was so warm so we put our feet in. Then it was time for my races. I was in 25m freestyle, 50m breaststroke and a final. On my first and second race I was not tired. On my first race 25m freestyle I got second and in my other I got 1. I had to wait a long time for my freestyle final I had a warm shower. Then Man was taking a long time for random things. I had my final and I didn't come anywhere so I went and got dressed and had a hot chocolate.  
By Abbey C  
Yesterday my school went to the pool in town. It was cold but the pool was warm. I swam in waders. It was challenging and hard. I did flutterboard, freestyle, breaststroke and many other things. My friends and I swam and some of them did lengths. My friends' names are Millie, Hudson and Rohan. We all love swimming, it is fun. I love swimming because it is challenging for some of us. It was cold when I finished swimming "brfff" it was so cold. I was frozen! Next year I will do the lengths.  
By Bridget

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**Harcourts**  
Ingwood 67b Rata Street  
Buyer Enquiry Over \$450,000  
New to the market. First home Buyers, here's your chance to start out on the property ladder. Featuring 3 bedrooms, woodburner, open-plan living area and an updated bathroom and laundry. The living room opens out to a patio area with a poolspa and private back yard which is great for entertaining the family and friends. You'll keep warm and dry with a wood-burner, heat-pumps, hot water under, hyd and hydronic underfloor in the ceiling and under-floor. There is a single garage, off-street parking, a garden shed and workshop on the 844m<sup>2</sup> section.

**Harcourts**  
Ingwood 10 Pukatea Street  
Buyer Enquiry Over \$520,000  
With north facing living and modern decor, this home has a light and bright welcoming feel. There are 3 double bedrooms, office, open-plan living area and an updated bathroom and laundry. The living room opens out to a patio area with a poolspa and private back yard which is great for entertaining the family and friends. You'll keep warm and dry with a wood-burner, heat-pumps, hot water under, hyd and hydronic underfloor in the ceiling and under-floor. There is a single garage, off-street parking, a garden shed and workshop on the 844m<sup>2</sup> section.

**CONGRATULATIONS Kasey Bunn**  
It's official... Kasey Bunn is now part of the ownership of Harcourts Ingwood. After many years of commitment to Harcourts Ingwood, we welcome Kasey and her team to the Harcourts family. Kasey is an established part of the local Ingwood community and appreciates the opportunity to bring her skills and talent to connect with all the people she meets. Kasey, you're a valuable asset, welcome aboard.

**Ingwood 61 Rata Street**  
Buyer Enquiry Over \$485,000  
Options galore with this generous floor plan and section for a growing family.  
Handy locations, close to town, schools and kindy  
5 bedrooms, 2 toilets  
Large basement garage/workshops, internal access  
Spacious living area  
Split level 250m<sup>2</sup> (approx) floorplan  
Original condition with potential plus  
Early viewing recommended.