

OPEN 7.30am to SHOPRITE Tell us what you want in your local store Skinless Ngatarawa Heineken

Chicken **Breasts** \$14.99 kg

(Expires 17-11-2013)

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Available at: iglewood Information Centre / Fun Ho! Toys 7567030 (25 Rata Street) Makes you think doesn't it?

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Many of our clients are delighted to find that they only need one session to restore their bodies to health. imonials from many satisfied clients show that healing has been able to assist with all manner of phys

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Held at the Mamaku Centre, Mamaku Street, Inglewood

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There in Octobia and Caramira's Culminani Thares in Octobia Thromas and Caramira Caramira Caramira Caramira Campball aged 17 and Shantalle Moffatt School to assente date Newmarks Experience Grace Campball aged 17 and Shantalle Moffatt Designer Awards: Grace Campballs entry in the Sacros section Grace Campballs entry in the Sacros section (Caramira Campballs on the Sacros (with Caramira Campballs and Shantall (Caramira Shantall Shantall (Caramira Shantall Shantall (Caramira Shantall (Carami Dlough&Co I will do my best to represent everyone during the next three years

Rescue.
Members showed their appreciation by donations.
Message Reminders: 13th Gardon Safari Trip. 29th International
Day - Switzerfallon.
Nola Verry won the raffle. Lois was given a birthday parcel.
Motor: By the time you reach 80 years you know it all,

Page 5

Olough & Co

In air conditioned comfort

& serene surroundings

while having your hair carefully & creatively styled

Relax

ren members met at hall. Nola Verry
ided Guest speaker; in Bromell, was very
mattev and of ereat these gadgets world wide and also creates some hinself if people have a particular problem.

All this is to aid independence. Kevin knows first hand of these needs, as once an electrician, eleven years ago fell from a ladder, was unconscious for more than a month with brain damage. Now almost fully recovered, he opened a shop in Strafford three years ago with his wife, who worked in a rest home. They have now shifted to 1-leaves's High Street.

Issue 104

Young Fashion Designer

Awards 2013 (and smith)

Newmarket Young Designer A







RSVP Bert Squire 7568565 ASAP (Cost \$20 fo Inglewood Club Moa Street







Targa Rally (Linda McIntyre)



Road stage. Kaimata was a busy place while trally was on with Ratapiko Scho

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PROBIOTICS - What's so good about them? (Kristy Gray) There are over 500 different species to facest that live in the digestive text. mostly in the large intestine. Some of these species are found nowhere else on earth except inside YOU! The species and number of abstrain present play a visit role in determining health and disease. This is because certain types of becteric personal portions are storic for us (non beneficial) and certain types of bacteria can produce water products that are toxic for us (non beneficial) and certain types of bacteria can produce vitaminis and help us digest out food [beneficial].

our food flowerfood).
The blance between these beneficial and non-beneficial becares in your causes the really counts for our beat health. Non-beneficial becares include ones that really counts for our beat health. Non-beneficial becares include ones that really counts for our beat health. Non-beneficial becares include ones that really white the real of the real



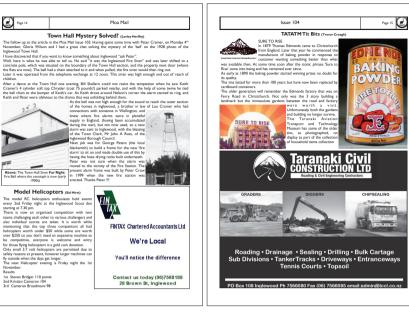














St Andrews Turns Ninety (Joyce Callaghan)

St. Andrews Church Patronal Festival and 90th Another Birthday is cause for big celebrations, come and join athletic expected

Birthey is cause to big celebration, come aux powers.

Each year in November 2. Andew's paint increased distances in the first of large with the war able celebrating of the celebration of the celebration

Available for Weddings - Anniversaries - Birthdays School Balls - Any Special Occasion 0800 246 100 touchofromance@hotmail.com



The farming industry is the backbone of Inglewood's economy. Many of the farms in our area remain in families for generations. Parents have a natural desire to pass on control and eventually owner/app of the family farm to the next generation. Even family is different so designing a succession plan is not a matter of "one set fail." To crease a successful plan the following five points and the following five points.

metate to their side into air. To create a successing pair the inchming meep in meet to be considered: "I y What do the parents want?"

1) What do the parents want? Are they also to cover chemistelves for a comfortable retrieved:

2) is the operation viable? (how profitable is it?)

The farm must be looked at as a binitiess first and foremost. Emotions must put to one side and the parties must consider if it is viable to pass on a farm is doing moreous.

pet to one side said the perior mant consider if it is while to pass on a form if it is long moon;

I long moon in contain a c

Powered
 Insulated
 3.6m x 2.4m

WINZ quotes

So many uses

from \$55nw

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Athletics (Kelvin Wackrow)

