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ANZAC Day - Inglewood Remembers

If the turnout to our ANZAC Dawn service is any indication of the respe If the turnout to our ANZAC Dawn service is any indication of the respect freedom that we fail active fails for those who long life four our country to safepard the freedom that we have a fail of the country of the fail of

rememorance trac commemorates an wino servee and one in awars, conflicts, and peacekeeping operations and which also recognises the contribution and suffering of all those who have served. Our National identity was born in the blood spit on that barren piece of ground of Gallipoli half a world away, shaping the



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Vote Karen Schumacher For T.E.T. Trust ported our community on the Trust for the last two years.

Authorised by Karen Schumacher, 556 Upper Durham Road, Inglewood

big thank you to the public fo supporting the Taranaki Maize Maze again. Lions members helped the

RSA put up the Anzac Crosse in preparation for Anzac Day. Final organisation is being don for the Inglewood Lions 50 For further information

the Inglewood Lions Club and our activities contact George Buchanan 75 66338

Moa Mail

Lions News (Viv Adamson)

Cyclone Cook".

the Inglewood Lions Club would be to thank the businesses that

e sponsorship. Your generosity ery much appreciated. Also a

The Taranaki maize maze is over for another season.

The weather was a real challenge to us this year and we were unable to stay

Durham Women's Institute News (Gwenda Takarangi)

On Thursday 6 April Durham Women's Institute had the privilege of going to Egmont Blooms on Egmont Road. Egmont Village. We learn a lot about Astronnerias which is the main plant grown there. They come in a wide range of colours and can be grown as little bush shrubs or taller flowers with long stems. Our greatest thanks to the owner for hosting us.



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Moa Mail is a free Editor's Comments

fortnightly nublication delivered o all households in the Inglewood Printed by The

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> Email moamail@funho.cor Office Hou Daily 10.00 am to 4.00 pm Points and views expressed are not necessarily the views of The Inglewood Development Trust

Shade-by The River

Moa Mail

Editor's Comments

A couple of weeks ago I was at a A couple of years ago I gave up employment meeting and they were talking about and retried to our home and large garden. "gratitude Journals." Basically you. There is more than enough to keep me busy record three to five things you have here with all the trees that need keeping in a trim and laws that need moving, as well as colonic matter who are grateful, just a brief sentence, the vegetable garden. When it's wet there is always the computer to waste a blar of time or. With all this going on in my life I don't go out learn to focus on the positive in very much and often speed days on end situations to cultivate a greater sense without leaving the property. I am happy being of happiness and optnism.

The world we live in more often than form the property in an happy being ont is a school of hard knocks and the property in the property. I am happy being ont is a school of hard knocks and the property is an happy being ont is a school of hard knocks and the property is an happy being on a hard from celling. I have been property in the property in the property in the property is an happy being on the property is an happy being on the property in the property is an happy being on the property in the property in the property is an happy being on the property in the property is an happy being on the property is an happy being the property. I am happy being the property is an happy being

not is a school of hard knocks and me I am becoming a hermit.

Lat week it was a last week it was a lovely sunny morning and I help us through it, reminds us of the good immorrace and feelings, gradies and the second of the se News and Advertisins

Phillippa Peters Editor lot of people, most of whom I know. It was instituted in the properties of the prope Seed Savers Network Point RSA Subs \$20 Badges \$10.00 McGillie/Pumpkin Books: \$15.00 ocal Artists Gift Cards: 5.00 un Ho! Toys/Souvenirs AA Guides/Brochures/Cards

The people are so friendly and we have some wonderful facilities. AA Guides/Brochures/Cards Available at: Inglewood Information Centre Fun Ho! Toys/Moa Mail 7567030 (25 Rata Street)

ood for thought, eh?

Ay outing to the town centre confirmed to

ave got it wrong.





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She has made the positive move to join the TSB Realty Team and will be based in the
Inglewood and Stratford TSB Bank Branches.

orks hard to provide an outstanding service for her clients. What Maree nown for is her 'CARING', 'HONEST' and 'HELPFUL' attitude which is ard to helping you in any of your residentia

MAREE LINLEY MOBILE 027 622 5722 | EMAIL maree@tsbrealty.co.nz TSB Realty

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Issue 190

Listening For Kiwi (Karen Schumacher) There is nothing more exciting than to dis

small kiwi footprints alongside larger ones and even more exciting to find them at the top of our Hidden Valley valkway! It means our resident pair are breeding successfully. wallowsy! It means our resident pair are breeding successfully. Kidwi population numbers are an interesting topic. Every two years we do a kiwi call survey which we compare to previous surveys to see if we are trending tupwards. This year we are doing a major survey which combines acoustic listeners as well as our usual manual listening. Instead of our normal 12 listening sites, we are doing manual listening at 52 sites within our project. We listen for three nights at each site for a two hour period We listen for three nights at each site for a two hour period-yes that's 96 times. This major operation is done in the autumr when the breeding season stops which means the lowi star calling as soon as it gets dark. We need fine evenings with no wind. The manual listening starred last week. Sifety is important working at night so I will also be having late nights as I wait for the text from the field to say everyone is back at camp. received a text from one of the "expert kivil listening" team

received a text from one of the "expert kiwl listening" team members on the first right to say 21, clash heart from his listening site as he signed off safely for the night. All very exciting 'We will keep you updated of how many calls the team have recorded. Once all of the field work is completed we will be combining all of the field work is completed we will be combining all of the data to see how we are propersing. Our goal is 1,000 pair of the data to see how we are propersing. Our goal is 1,000 pair of the data to see how we are propersing. Our goal is 1,000 pair of the data to see how we are propersing. Our goal is 1,000 pair of the data to see how we are propersing. Our goal is 1,000 pair of the data to see how we are propersing. Our goal is 1,000 pair of the data to see how we are propersing. Our goal is 1,000 pair of the data to see how we are propersing. Our goal is 1,000 pair of the data to see how we are propersing. Our goal is 1,000 pair of the data to see how we are propersing to the data to see how the propersion of the data to see how we are propersing to the data to see how the propersion of the data to see how we are propersion.

JOIN US FOR A

MAGICAL AUTUMN EVE

Pilates With Phillippa (Phillippa Kingi)

a customer commented to me the other day that he has been "enjoying" some boot camp-style raining recently. (That "enjoyment" comes with a grimace on his face, simultaneously with some rubbed muscles!) He went on further to explain that though it is great for aerobic fitness and — I rubbed muscles!) He went on further to explain that though it is great for aerobic fitness and power/strength which is necessary for pre-season football training, it has really helped him see the unique values of Pilates. You see the big strength and power muscles get built during a cardio workout, but is the subble balance, posture and body swareness factors which are developed during a Pilates session. When you tran for a sporting code it is often very specific skills you refine. You also run the risk of being unbalanced (and predictable!) A footballer who uses only their dominant foot for kicking develops muscles specific for that ability. You the ball to the office of the state of the pilate of the state of the pilate of the p

the ball to the other foot or make them play on the opposites side of the field and their play suffers. A tennis player who only develops strength in the racquet arm has less over all strength, baltner and power than an player who focuses on equal strength. An entallal player who doesn't work on equal leg strength or core strength will lose balance much more easily during a running or landing plane. Rugby players involved in the scrum process need to have dual leg nouse annul number bother strength and was strength. involved in the scrum process need to have dual leg-power, equal upper body strength, and a very strong core to maximise their efforts. But, even if you're not a sports person, core strength, balance, flexibility and power will serve you every day. Consider a simple activity like carrying something up or down stairs, or getting groceries in and out of the car. How many muscles are you using? How much do we take balance

and co-ordination for granted?

For a challenge – come and try a Pilates class – th brain and body exercise!

Tuesday: 10am Mixed Level Mat Class 11.30am Back Care Course 1.30am Beginners Block Course 3.30 PreTeens 4.30pm Teen Pilates 7pm Beginners Block (first 4 wks Level 1 (remaining 6wks)

Thursday: 7nm Level 2 Mat Class

Mens Only Class starting soon! Register your interest

for info & booking locations & fees Ph 021-11-52-156

Coal Nashrely 50

Mothers Day Fair (Maureen Whale

Issue 190

The "Mothers Day" Fair

is back and will be held

in the Inglewood Town Hall on Saturday 6 May starting at 9.30 am going to 3.00 pm. There will be delightful hand made crafts for

Mothers Day Craft Fair Cont Nation to

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Town Hall Inglewood Saturday May 6th 30 am to 3.00 pr Free Admission and Made Craft

New Craft Members elcome Conta Secretary 06 7552520 a grea

something fo

other. This fair is supported by Local Handcrafts Taranaki In other. I his tar is supported by Local Handcratts I aranasi inc hich has been going now for 27 years, and have been coming inglewood for many years now, we look forward to seeing ou all there to purchase some of our crafts. here will be wooden toys, paua jewellery, cards, Lingerie,

ting, sewing, socks, idles and melts, cakes, cushions. Stalls are lable. Maureen Phone 7552520 or Topsy 758 6112.



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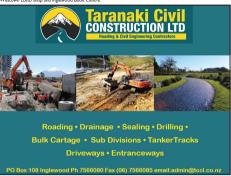


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in Australia's worst ever muritime disaster in 1848 when his ship was wrecked on King's skind just off Tamanian with the loss of 400 lives. Prian has taken this as his inspiration for his ancestor back to life and marconed him on King's invoce KiNG OF KINGS SIAAND and has brought his hope of rescue the women decide that he must take one or all of them as his wive? to continue their small colory.

etralia's worst over maritime disaster in 1848 when his

ancestor back to like and markoned nam on King's issand with 8 commict women. Problems arise when with intenhope of rescue the women decide that he must take one or all of them as his liwes' to continue their small colory. This is totally against his moral upbringing. The book is published by another New Plymouth man Ocean Reese who Westroom Loron Roys and Underwand Roski. Centropias are valiable at Transall Stationery in the Richmond centre.













Thinking of selling?

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